

Community Health Needs Assessment Newton Medical Center

Prepared by:

Newton Medical Center

Prepared with Input and Advice from:

Kansas rural Health Works

Harvey County Health Department

Health Ministries Clinic

Prairie View, Inc

Community Health Needs Assessment Process and Report
Newton Medical Center
Newton, Kansas

Our Hospital:

Newton Medical Center is an 103-bed, not-for-profit facility dedicated to providing health care services to residents of Harvey and surrounding counties, regardless of race, color, sex, age, religion or ability to pay.

Offering a wide variety of services and professional specialties, the medical center is conveniently located at the intersection of I-135 and Highway 50 in south Newton, accessible to Harvey and Sedgwick counties. To help you find your way easily, we've provided directional and campus maps.

Formed in 1988, Newton Medical Center has evolved from an established tradition of excellence. More than a century ago, Dr. John T. and Lucena Axtell founded Newton's first hospital, Axtell Hospital. For four decades, the Axtells served the community until they bequeathed their hospital to the Kansas Christian Missionary Society. At that time, the name was changed to Axtell Christian Hospital, a Christian Church/Disciples of Christ organization.

At the turn of the century, The Reverend David Goerz and Sister Frieda Kaufman founded Bethel Deaconess Hospital as a mission of the Mennonite Church. Mennonite deaconesses remained involved with the hospital's operations until 1983. On Jan. 1, 1988, the two hospitals officially merged to become Newton Medical Center, now located on a 78-acre campus that offers medical clinics and other amenities. About 80 physicians serve on the active medical staff.

Process:

Representatives from Newton Medical Center, Harvey County Health Department, Health Ministries, Prairie View, Inc., and the consultant/facilitator conducted three meetings; a variety of community members were invited and in attendance. The group was diverse and represented all segments of the community. Meetings were approximately an hour and a half in length. The team members, with input from the consultant, prepared and conducted a survey of community attitudes and issues regarding health and health care in the county. Participants included consumers, community leaders, public health officials, health care officials and experts, economic and community development specialists. (See Appendix A) The meetings were conducted on October 23, 2012, October 30, 2012 and November 6, 2012.

For our first community meeting, much data had been compiled and was presented to the group.

Economic Impact:

The consultant conducted an economic impact study to indicate the value of health care and specifically the hospital to the community's economic environment and viability.

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Health services in Harvey County employ 12% of the total working population. Reports indicate that health services are among the fastest growing sectors and demographic trends suggest growth will continue. Attracting and retaining businesses and retirees depends on adequate health care services in Harvey County.

For the full report, please refer to the Harvey County Community Health Needs Assessment; Economic Report (Appendix B)

Health Indicators/Health Outcomes:

Data compiled by the consultant using various local and national databases indicated the following in Harvey County Kansas:

- Youth tobacco use ~ 12%, > Kansas and improving
- Youth binge drinking ~ 12+%, ~ Kansas and stable
- Child immunizations ~ 85-90%, > Kansas and stable
- 20% newborns less than adequate prenatal care
- Government family/food assistance increasing
- Hospital short-term trends stable
- 21% of crashes with injury/death there is no seatbelt
- 44% of adults participate in recommended levels of physical activity which is less than Kansas
- 25% of adults are obese in Harvey County

For the full report, please refer to the Harvey County Community Health Needs Assessment; Harvey County Health Matters Report (Appendix C)

Economic and Demographic Data and Information:

Data compiled by the consultant using various local and national databases indicated the following in Harvey County Kansas:

- Growing population ~ 10% since 1990 and growth continues
- Aging population ~ 18% 65+
- Hispanic population growing 5% every 5 years
- 44% population without spouse
- 11% of HH live on < \$15,000, 22.5% < \$25,000
- 13% live in poverty (14% of children)

At our second community meeting, we identified our top three priorities as a community and began to form focus groups and action committees. The communities identified priorities were:

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Priority #1: Promote health, wellness, and chronic disease prevention

- Emphasize health education from cradle to grave
- Focus on healthy lifestyle behaviors that can be carried throughout life.
- Healthy adults achieve healthier lifestyle

Priority #2: Improve communication and collaboration between health care providers, between providers and the community, and within the community.

- Emphasis is on fostering greater community engagement.
- Striving to engender clear, consistent messaging to foster collaborative, community-based effort as opposed to defining needs and issues as individuals.

Priority #3: Focus on youth.

- Focusing/fostering a healthy start will lead to a healthy life.
- Incorporate consideration of the range of youth needs, including early education related to nutrition, exercise, and drug abstinence.
- Promote youth activities in the community as alternatives to unhealthy choices.
- Promote youth engagement in the community.

Newton Medical Center is and will continue to pursue a variety of positive changes for health care and access to health care as well as collaboration with our community partners. These include but are not limited to:

- Website development with contact information for our providers and information on services provided as well as information on local events and health news
- Chronic disease management through our Case Managers and hospitalization follow-up
- Chronic disease management through our clinic outreach
- Diabetes education through our clinics and hospital to improve chronic disease outcomes
- Continued partnership with the newly formed Community Health Improvement Plan group to increase collaboration
- New providers moving to the area
- Scholarships for nursing and allied health personnel to continue education and bring back new interventions
- Outreach to surrounding communities through our clinics and services
- Increase collaboration through the use of electronic medical records and through pursuing participation in our statewide Health Information Exchange
- Continue our charity care for those unable to contribute financially
- Continue partnership with the National Diabetes Education Program

At this time, Newton Medical Center will address the youth needs through provider education and sponsorship of local activities to promote health and involvement. Our community partners will further address the needs of our youth.

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While the hospital has and will continue to provide dynamic leadership for the Harvey County and surrounding communities, many health and health related issues involve behavioral choices. The ability to change these issues will of necessity involve the entire community including the hospital.

Conclusion

Newton Medical Center will continue to work with our community and the hospital board to maximize the array of services available to local consumers. The CEO and board continue to build new facilities to provide excellent facilities for our health care partners. Newton Medical Center has a state of the art facility that was carefully planned and laid out. They have installed electronic health records systems and have qualified for federal Meaningful Use incentives. The CEO and board have demonstrated that simply being smaller does not mean second-class care or services. By maximizing the service potential of a variety of health and human services, the CEO has demonstrated his connection with and his commitment to this community.

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APPENDIX A

Community Members Involved

<u>Name</u>	<u>Position</u>	<u>Affiliation</u>	<u>Community</u>	<u>Email</u>
Dr. John Leatherman	Facilitator	Kansas State University		jleather@k-state.edu
Lynnette Redington	Director	Harvey County Health Department	Harvey County	lredington@harveycounty.com
Malea Hartvickson	Director, Quality Management/ Hospital Liaison	Newton Medical Center	Newton Service Area	malea.hartvickson@newmedctr.org
Barbara Martin	Ex Director	Newton Housing Authority	Newton	bmartin@newtonha.com
Asa Galloway	Deputy City Clerk/Court Clerk	City of Sedgwick	Sedgwick	asa@cityofsedgwick.org
Keith DeHaven	Mayor	City of Sedgwick	Sedgwick	mayor@cityofsedgwick.org
Lisa Bartel	CDRR/Health and Wellness Coordinator	Harvey County Health Department	Harvey County	lbartel@harveycounty.com
Darla Stonehouse	Assistant Director	Harvey County Health Department	Harvey County	dstonehouse@harveycounty.com
Skip Lowan		Harvey County Health Department	Harvey County	slowan@harveycounty.com
Al Penner	Citizen		North Newton	alpenner@cox.net
Connie Weber	Board member	Health Ministries	Harvey County	
Phyllis J Miller	Director, Department of Nursing	Bethel College Nursing	North Newton	pmiller@bethelks.edu
John Waltner	County Administrator	Harvey County	Harvey County	jwaltner@harveycounty.com
Carlota M Ponds	Director	Hesston Area Chamber of Commerce	Hesston	chamber@hesstonks.org
Celeste Gomez		HCCP Intern		
Marianne Eichelberger	Library Director	Newton Public Library	Newton	meichelb@newtonlks.org
Susan Ruiz	Director	Harvey County Community Partnership	Harvey County	office@hccpinc.org
Nancy Martin	Program Facilitator/Grants Coordinator	Health Ministries Clinic (FQHC)	Newton Service Area	Nancy.martin.hmc@gmail.com